

ADULT PROGRAMS

WINTER & SPRING



ARTS

DRAWING FOR BEGINNERS

Learn to demystify the art of drawing. Instructor Belle Perez de Tagle will guide you through this introductory course so you can learn the basics needed to improve your drawing skills.

SAANICH COMMONWEALTH PLACE

[Belle Perez De Tagle](#)

128542	Th	Jan 9-Feb 27	3:15-5:15pm	8/\$120
128711	Th	Mar 6-Apr 24	3:15-5:15pm	8/\$120
128712	Th	May 1-Jun 19	3:15-5:15pm	8/\$120

OIL PAINTING - INTRODUCTION

Learn the basics of oil painting while progressing from the paintbrush to the painting knife. Belle will show you how to create landscapes or still lifes with useful, fundamental skills that you can apply to your own work. Get ready to paint with inspiration and instinct, and enjoy painting even more!

SAANICH COMMONWEALTH PLACE

[Belle Perez De Tagle](#)

128555	F	Jan 10-Feb 28	1-3pm	8/\$144
128730	F	Mar 7-Apr 25	1-3pm	7/\$126
128731	F	May 2-Jun 20	1-3pm	8/\$144

THE JOY OF PAINTING IN ACRYLIC

Learn painting in an easy and fun class that gets results. No lesson is too frustrating or hard for anyone. Learn drawing, colour mixing and brush stroke techniques. Progress quickly and enjoy the art of acrylic painting. All essential supplies are included in the program fee.

SAANICH COMMONWEALTH PLACE

[Belle Perez De Tagle](#)

128580	Tu	Jan 7-Feb 25	1-3pm	8/\$144
128715	Tu	Mar 4-Apr 22	1-3pm	8/\$144
128716	Tu	Apr 29-Jun 17	1-3pm	8/\$144

WATERCOLOUR PAINTING - INTRODUCTION

Learn the basics of colour mixing and brushwork as you paint along with easy-to-follow instructions. Begin layering washes to make objects appear three-dimensional and learn how to create highlights and shadows. You'll quickly gain confidence with this enjoyable, stress-relieving medium.

SAANICH COMMONWEALTH PLACE

[Belle Perez De Tagle](#)

128587	Tu	Jan 7-Feb 25	3:15-5:15pm	8/\$144
128713	Tu	Mar 4-Apr 22	3:15-5:15pm	8/\$144
128714	Tu	Apr 29-Jun 17	3:15-5:15pm	8/\$144

DANCE

HULA HAWAIIAN DANCE

The Hula is accompanied by music or traditional chant. Hands tell a story while hips sway to keep the rhythm of the dance. Easy and light, yet great for core muscles and joints. What a fun way to stay in shape!

SAANICH COMMONWEALTH PLACE

[Belle Perez De Tagle](#)

128543	Th	Jan 9-Feb 27	2-3pm	8/\$76
128717	Th	Mar 6-Apr 24	2-3pm	8/\$76
128718	Th	May 1-Jun 19	2-3pm	8/\$76

LINE DANCING - CORDOVA BAY 55+

Beginner level line dances for those who are familiar with the basic line dance steps. No partner required. Drop-in available for \$9/session.

CORDOVA BAY 55 PLUS ASSOCIATION

[Vicky McCulloch](#)

129529	F	Jan 10-Feb 28	10:15-11:30am	8/\$64
129530	F	Mar 7-May 2	10:15-11:30am	8/\$64
129531	F	May 9-Jun 27	10:15-11:30am	8/\$64

SOCIAL BALLROOM DANCE

Put your dance lessons to work! These ballroom dances are fun, friendly and inclusive - all dancers are welcome. Featuring complimentary refreshments, door prizes, and a fabulous selection of the best ballroom, Latin, and swing dance music. Programs start with a one-hour workshop on a new dance, followed by general dancing.

SAANICH COMMONWEALTH PLACE

E & R Ballroom Dance

128573	Sa	Feb 1	7-9:45pm	\$15
130324	Sa	Mar 1	7-9:45pm	\$15
130325	Sa	May 3	7-9:45pm	\$15
130326	Sa	Jun 7	7-9:45pm	\$15

SOCIAL BALLROOM DANCE - PRE-BRONZE

A full-year course for individuals who have completed Level 3. The course will cover new dance figures and focus on enhancing overall dancing quality. The samba and quickstep will also be introduced.

SAANICH COMMONWEALTH PLACE

E & R Ballroom Dance

128579	Su	Jan 19-Mar 23	4-5:10pm	10/\$145
128908	Su	Apr 27-Jun 22	4-5:10pm	8/\$130

SOCIAL BALLROOM DANCE - BRONZE

The next level after pre-bronze is a year-long course that introduces new steps and the technical skills required to master these figures, emphasizing the importance of both our dancing ability and the dances we perform.

SAANICH COMMONWEALTH PLACE

E & R Ballroom Dance

128575	Su	Jan 19-Mar 23	5:15-6:25pm	9/\$145
128907	Su	Apr 27-Jun 22	5:15-6:25pm	8/\$130

SOCIAL BALLROOM DANCE - BEYOND BRONZE

A challenging full-year course for those who have completed bronze. More intricate figures will be introduced along with increased emphasis on technique and style.

SAANICH COMMONWEALTH PLACE

E & R Ballroom Dance

128574	Su	Jan 19-Mar 23	6:30-7:40pm	10/\$145
128905	Su	Apr 27-Jun 22	6:30-7:40pm	8/\$130

SOCIAL BALLROOM DANCE - LEVEL 1

Ballroom, latin and swing dancing has been proven to enhance your physical, mental and emotional well-being. It improves balance, coordination, cognitive function while reducing stress. A great couple's activity in a friendly social setting that you can enjoy your whole life. Please sign up with a partner or contact us for our partner matching service.

SAANICH COMMONWEALTH PLACE

E & R Ballroom Dance

128576	Su	Jan 19-Mar 23	4-5pm	9/\$135
128909	Su	Apr 27-Jun 29	4-5pm	9/\$135

SOCIAL BALLROOM DANCE - LEVEL 2

Level 1 figures will be reviewed, then the focus shifts to the introduction of new material, combined with style and technique tips to help you look and feel your best on the dance floor.

SAANICH COMMONWEALTH PLACE

E & R Ballroom Dance

128910	Su	Jan 19-Mar 23	5:05-6:05pm	9/\$135
128911	Su	Apr 27-Jun 29	5:05-6:05pm	9/\$135

SOCIAL BALLROOM DANCE - LEVEL 3

Level 2 figures will be reviewed before we introduce new figures in all six dances, combined with style and technique tips. Samba and/or quickstep may be introduced.

SAANICH COMMONWEALTH PLACE

E & R Ballroom Dance

128578	Su	Jan 19-Mar 23	6:10-7:10pm	9/\$135
128912	Su	Apr 27-Jun 29	6:10-7:10pm	9/\$135

MUSIC

UKULELE - BEGINNERS

The "Uke" is making a comeback! It's fun, affordable, and easy to play. This course is for folks who are new to playing the ukulele and who have little to no musical experience. Join our group as we learn to strum basic chords and sing popular songs. Uke can do it!

SAANICH COMMONWEALTH PLACE

Len Knoke

128581	Tu	Jan 14-Feb 25	11am-12pm	7/\$110
128582	Th	Jan 16-Feb 27	6-7pm	7/\$110

UKULELE - CONTINUING

This class is designed for those who have taken the Beginner's course already, or who have some experience with the basics and would like to continue expanding their repertoire.

SAANICH COMMONWEALTH PLACE

Len Knoke

128583	Th	Jan 16-Feb 27	7:15-8:15pm	7/\$110
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MEET THE INSTRUCTOR

Len Knoke: Ukelele Classes

Throughout his life Len has had a passion for music! - as a professional musician playing in Victoria for many years and as a music educator. As an elementary school music teacher, he has had the opportunity to teach and lead many school ukulele groups. He has also been instrumental in organizing ukulele concerts for the Greater Victoria School District.

He now enjoys teaching adult ukulele classes and recording songs featuring the ukulele. Len also plays guitar and bass, and has a keen desire to keep learning all aspects of music.

COOKING CLASSES with Chef Heidi Fink

Royal Oak Middle School - Home Economics Room

TRULY THAI AT HOME – BASIC

Thai food may seem complex and intimidating, but you can make many authentic dishes simply and quickly! Learn basic Thai ingredients and cooking techniques as you make and eat foods like Thai hot and sour soup, red coconut chicken curry, spicy tofu noodles, vegetables, mango rice pudding, and more.

ROYAL OAK MIDDLE SCHOOL Chef Heidi Fink
129817 Tu Jan 21 6-9:30pm \$95

THAI AT HOME VEGETARIAN

Learn how to use basic Thai ingredients and techniques to create flavourful, meatless meals that everyone will love. We'll make an authentic-tasting vegetarian "fish sauce," vegan pad Thai noodles, fragrant coconut and vegetable soup (Tom Kha), salad rolls with Thai peanut sauce, yellow coconut curry with roasted tofu, and more!

ROYAL OAK MIDDLE SCHOOL Chef Heidi Fink
129816 Tu Jan 28 6-9:30pm \$95

AUTHENTIC INDIAN AT HOME

Unlock the flavours of truly authentic Indian cuisine! Inspired by my travels in India, this class is perfect for those who love curry but can never make their curries taste "right". In class, I will focus on the key techniques that make vibrant, full-bodied Indian food. Highlights of tonight's menu include lentil dahl, fresh green chutney, homemade curry powder, fragrant chicken curry with basmati rice and much more.

ROYAL OAK MIDDLE SCHOOL Chef Heidi Fink
129814 Tu Feb 11 6-9:30pm \$95

AUTHENTIC INDIAN VEGETARIAN

With a long and varied tradition of vegetarian food, Indian cuisine is perfect for making full-flavoured plant-based food at home. In class, we will focus on the key techniques and ingredients that make vibrant, delicious Indian food. Menu includes lentil dahl, aloo gobi, homemade spice mixes, fresh chutneys, and much more.

ROYAL OAK MIDDLE SCHOOL Chef Heidi Fink
129819 Tu Feb 25 6-9:30pm \$95

AUTHENTIC INDIAN BUTTER CHICKEN AND NAAN

Uncover the secrets of Indian cuisine! Learn to cook delicious Indian specialties, with special emphasis on techniques that bring maximum flavour from a whole range of spices. Tonight's menu includes butter chicken, homemade naan bread, spiced vegetables, homemade chutneys and more.

ROYAL OAK MIDDLE SCHOOL Chef Heidi Fink
129812 Tu Mar 4 6-9:30pm \$95

EXPLORE MOROCCAN CUISINE

Learn how to navigate Moroccan spices and culinary techniques during this fun hands-on cooking class. We will make some of my favourite North African dishes, including divine Moroccan tagines, salads, super fluffy couscous, and other regional specialties. Vegetarian options also included.

ROYAL OAK MIDDLE SCHOOL Chef Heidi Fink
129810 Tu Mar 11 6-9:30pm \$95

PIE MAKING 101

Join this fun, informative, hands-on class and learn the step-by-step process of making basic fruit pies. Eliminate the frustration and learn to love pie-making with straightforward tips and techniques. Each participant will make their own pie from start to finish and take it home to impress their family and friends.

ROYAL OAK MIDDLE SCHOOL Chef Heidi Fink
129811 Tu Apr 29 6-9:30pm \$95

CHINESE CANADIAN TAKE OUT CLASSICS

Learn to make your favourite Chinese take out recipes at home. We will dive into the ingredients and techniques you need to make delicious Chinese-Canadian classics in your own home. Tonight's menu includes ginger beef, general tao chicken, ma po tofu, cantonese-style vegetables, vegetable chow mein, and much more.

ROYAL OAK MIDDLE SCHOOL Chef Heidi Fink
129813 Tu May 6 6-9:30pm \$95

MEDITERRANEAN VEGETARIAN

Come discover both exotic and familiar tastes in this exploration of the Mediterranean region. We go beyond Italian pastas and French stews, to explore less familiar recipes from Italy, Morocco, Spain and beyond! This delicious seasonal menu includes homemade biscotti and focaccia, Tuscan white beans with winter greens, Spanish Romesco sauce and North African specialties.

ROYAL OAK MIDDLE SCHOOL Chef Heidi Fink
129815 Tu May 27 6-9:30pm \$95

GENERAL INTEREST

MEMORY CAFÉ

A music and arts based social program for people living with memory loss and their care partners. Engaging arts and music activities are led by professionals with a focus on creativity, connection and fun. Care partners must attend. Registration is limited to 7 couples.

NEW

SAANICH COMMONWEALTH PLACE

129534	Tu	Jan 7-Feb 11	10am-12pm	8/\$120
129536	Tu	Feb 18-Mar 25	10am-12pm	8/\$120
129537	Tu	Apr 1-May 6	10am-12pm	8/\$120
129538	Tu	May 13-Jun 17	10am-12pm	8/\$120

DOG - PUPPY FIRST STEPS

Puppies are keen to learn and very impressionable! Includes socialization with puppies and people, supervised off-leash play, basic obedience and prevention of behaviour problems. Small size class for puppies aged 9 to 17 weeks with proof of first set of vaccinations.

SAANICH COMMONWEALTH PLACE

[Alison Stephens](#)

128541	Th	Jan 23-Feb 27	7:30-8:20pm	6/\$265
128709	Th	Mar 13-Apr 17	7:30-8:20pm	6/\$265
128710	Th	May 1-Jun 5	7:30-8:20pm	6/\$265

DOG - FAMILY DOG MANNERS

Using reward-based training, this class for dogs 5mths+ covers all the basics: how to pay attention, sit, stay, come, walk without pulling and prevention of behavioural problems like jumping up. Small class size. Dogs must be comfortable around people and other dogs and who have no history of aggression. This class may not be suitable for reactive or fearful dogs. Please bring proof of vaccination to the first class.

SAANICH COMMONWEALTH PLACE

[Alison Stephens](#)

128540	Th	Jan 23-Feb 27	6:30-7:20pm	6/\$265
128707	Th	Mar 13-Apr 17	6:30-7:20pm	6/\$265
128708	Th	May 1-Jun 5	6:30-7:20pm	6/\$265

MEET THE INSTRUCTOR

[Alison Stephens](#) **Dog Obedience Classes**

Alison is a Certified Professional Dog Trainer (CPDT-KA) and a Karen Pryor Academy Certified Training Partner (KPA CTP) and has been offering puppy classes, basic manners and obedience classes and dog sport classes for almost 20 years. She also specializes in private one-on-one sessions for those clients whose dogs were too aroused or afraid in a group setting with other dogs, people and distractions.

Alison embraces force-free, science-based training methods with an emphasis on developing and nurturing your relationship with your dog.

Alison relocated to the beautiful west coast from the prairies and enjoys hiking, camping, hitting the beach and exploring the island with Ava, her black Labrador.



INTRODUCTION TO FLY FISHING

Explore the fascinating art and science of fly fishing. Learn the basic principles of casting and skills required to become a successful fly fisher. Includes tips and techniques for catching trout and salmon in the rivers, lakes and beaches of Vancouver Island.

SAANICH COMMONWEALTH PLACE

[Ian Muirhead](#)

128727	Sa	May 3	9:30am-3:30pm	\$99
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MAHJONG - BEGINNER

Beginner players learn the fascinating mind game Mahjong from master teacher, Belle. Mahjong is a game of skill, strategy, and calculation and involves a degree of chance. It also helps keep your brain sharp! Hong Kong Mahjong played.

SAANICH COMMONWEALTH PLACE

[Belle Perez De Tagle](#)

128552	W	Jan 8-Feb 26	1-2:30pm	8/\$84
128723	W	Mar 5-Apr 23	1-2:30pm	8/\$84
128724	W	Apr 30-Jun 18	1-2:30pm	8/\$84

MAHJONG - CONTINUING

Players with some experience develop their Mahjong skills learning from master teacher, Belle. Mahjong is a game of skill, strategy, and calculation and involves a degree of chance. It also helps keep your brain sharp! Hong Kong Mahjong played.

SAANICH COMMONWEALTH PLACE

[Belle Perez De Tagle](#)

128553	W	Jan 8-Feb 26	2:30-4pm	8/\$84
128725	W	Mar 5-Apr 23	2:30-4pm	8/\$84
128726	W	Apr 30-Jun 18	2:30-4pm	8/\$84

MAHJONG - DROP-IN

The Mahjong drop-in sessions are for players who have taken Belle's classes and want to continue playing to keep up their skills. Hong Kong Mahjong played.

SAANICH COMMONWEALTH PLACE

[Belle Perez De Tagle](#)

Wednesday's Jan 8-Jun 18 1-4 pm

Senior drop-in fee per session: \$6.75

or use a Saanich monthly or annual pass

NEW

NORDIC POLE WALKING - INTRODUCTION

Learn the basics of Nordic pole walking with a short video presentation, instructions and practical experience to familiarize and gain proficiency with walking with poles. Some walking poles will be available or participants can bring their own.

SAANICH COMMONWEALTH PLACE

128554 Sa Mar 8 1-2:30pm \$15

WALKING IN EUROPE - SPAIN

This presentation explores the Camino Sanabrés, a 369 km alternative to the Vía de la Plata, and the northern Camino del Norte, starting in France and leading to Santiago. Key stops include San Sebastián, Bilbao, Santander, and Santiago. We'll cover route accommodations and walking expectations.

SAANICH COMMONWEALTH PLACE

128585 Th Jan 16 6-8pm \$10

WALKING IN EUROPE - SPAIN AND FRANCE

This multimedia session explores walking trails in Spain's Camino Norte and France's extensive network. Camino Norte spans up to 890 km, featuring beautiful coastlines and cities like San Sebastián and Santiago. In France, well-marked GR routes offer diverse topographies. Highlights include available services, accommodations, and scenic routes.

SAANICH COMMONWEALTH PLACE

128586 Th Feb 13 6-8pm \$10

WALKING IN EUROPE - SPAIN AND PORTUGAL

This presentation covers two popular routes in Portugal from Porto to Santiago. Experience the richness of the Portuguese culture and friendly hospitality. Spain's Camino de Santiago is the busiest Camino route in Spain with almost 400,000 people completing the route each year. The 870 km route starts in St Jean Pied De Port in France and crosses Spain to Santiago. This presentation will cover sites to visit, services and accommodations available along the route.

SAANICH COMMONWEALTH PLACE

130327 Th Mar 13 6-8pm \$10

WALKING IN EUROPE - ITALY AND IRELAND

This presentation invites you to experience "la dolce vita" in Italy's Via Francigena Walk through Tuscany to Rome, and Ireland's Dingle Way, with its lush landscapes and sandy beaches. It will highlight key sites, services, and accommodations along these routes, offering a glimpse into the beautiful countryside and cultural richness.

SAANICH COMMONWEALTH PLACE

130328 Th Apr 10 6-8pm \$10

WALKING IN EUROPE - JAPAN AND IRELAND

Learn about the Kumano Kodo pilgrimage trails in Japan's southern Kansai region, a key part of its World Heritage designation. Over 1000 years old, these trails spanning 100 km showcase Japan's traditions, history, and landscapes. We'll also discuss hiking and walking in Ireland, including trail conditions, topography, food, and accommodations.

SAANICH COMMONWEALTH PLACE

130330 Th Jun 5 6-8pm \$10

LEADERSHIP / EDUCATION

FIGHT BACK FOR WOMEN - PART 1 14yrs+

This women-focused self-defense course, led by a female instructor, equips participants with techniques to prevent attacks, enhances situational awareness, and teaches easy-to-retain physical skills suitable for high-stress situations. It highlights the unique advantages women have in self-defense. Participants aged 14 and 15 must register with a parent or guardian. Due to the course content, participants 14 and 15 years old must register with a parent or guardian.

SAANICH COMMONWEALTH PLACE

Sheepdog Self-Protection Inc.

130676 Sa Jan 11 9am-12pm \$125

132143 F Mar 7 6-9pm \$125

MARTIAL ARTS

AIKIDO - SHIODA STYLE

Explore the martial art of Aikido in a family-friendly classes from world-renowned instructors. Non-competitive and fun, Aikido develops mind-body connection, fitness balance and self-defence through collaborative partner practice. Circular movements redirect the body and energy of attackers with a focus on timing, control and sensitivity. 10 class passes available for those needing flexibility: adult 10/\$100, student 10/\$80.

PROSPECT LAKE COMMUNITY HALL

Island Aikido

126815 Tu Jan 7-Feb 25 7-8:30pm 8/\$80

126816 Tu Mar 4-Apr 29 7-8:30pm 9/\$90

126817 Th May 8-Jun 19 7-8:30pm 7/\$70

126818 Th Mar 6-May 1 7-8:30pm 9/\$90

126819 Su May 11-Jun 22 10:30am-12pm 7/\$70

126820 Su Mar 9-May 4 10:30am-12pm 9/\$90

126910 Tu May 6-Jun 17 7-8:30pm 7/\$70

126923 Th Jan 9-Feb 27 7-8:30pm 8/\$80

126931 Su Jan 12-Mar 2 10:30am-12pm 8/\$80

IAIDO

14yrs+

Learn the Japanese martial art of the samurai sword. Beginners will require a bokuto/bokken (wooden sword). Registration required.

LOCHSIDE ELEMENTARY SCHOOL

130482	W,F	Jan 8-Mar 14	7:30-9pm	20/\$65
130484	W,F	Apr 2-Jun 13	7:30-9pm	21/\$65

KARATE - TEENS AND ADULTS

12yrs+

From basic karate for the beginner to self-defense weapons for the advanced. You will learn traditional Japanese Shito Ryu School.

SAANICH COMMONWEALTH PLACE

Victoria Renshikan Karate

130723	Tu	Jan 7-Mar 11	7:35-9pm	10/\$160
130724	Th	Jan 9-Mar 13	7:35-9pm	10/\$160
130725	Tu,Th	Jan 7-Mar 13	7:35-9pm	20/\$280
130726	Tu	Apr 1-Jun 24	7:35-9pm	13/\$208
130727	Th	Apr 3-Jun 26	7:35-9pm	13/\$208
130728	Tu,Th	Apr 1-Jun 26	7:35-9pm	26/\$364

SPORTS

ARCHERY - BEGINNER

Always wanted to shoot a bow and arrow? Learn basic archery skills and fundamental mechanics. A great opportunity to meet new people and enjoy this popular sport. All equipment supplied.

SAANICH COMMONWEALTH PLACE

Victoria Bowmen Association

128534	Su	Jan 5-Feb 23	11am-12pm	7/\$112
128619	Su	Mar 2-Apr 13	11am-12pm	7/\$112
128628	Su	Apr 27-Jun 22	11am-12pm	8/\$128

ARCHERY - CONTINUING

Comfortable with the basics? This is your chance to improve your skills and mechanics and practice, practice, practice! All equipment will be supplied. A great way to develop your accuracy and technique.

SAANICH COMMONWEALTH PLACE

Victoria Bowmen Association

128535	Su	Jan 5-Feb 23	12-1pm	7/\$112
128621	Su	Mar 2-Apr 13	12-1pm	7/\$112
128629	Su	Apr 27-Jun 22	12-1pm	8/\$128



PICKLEBALL - LEARN TO PLAY

Interested in playing pickleball? This beginner class covers the basics, including techniques, tactics, scoring and positioning. No experience necessary. Please provide your own paddle if possible.

SAANICH COMMONWEALTH PLACE

Andy Vixaysouk

128562	F	Jan 10-Feb 28	12-1:30pm	8/\$150
128560	M	Jan 13-Mar 10	10:30am-12pm	8/\$150
128561	M	Jan 13-Mar 10	12-1:30pm	8/\$150
128563	F	Mar 7-May 9	12-1:30pm	8/\$150
128741	M	Mar 31-Jun 2	10:30am-12pm	8/\$150
128742	M	Mar 31-Jun 2	12-1:30pm	8/\$150
128748	F	May 16-Jun 27	12-1:30pm	7/\$132

PICKLEBALL - CLINIC 1.0 NOVICE

Our clinics are a great chance to grow your pickleball skills, learn new techniques and practice your game. This clinic is geared towards Novice Players at a 1.0 skill level or comfortable playing with players at this level or above.

SAANICH COMMONWEALTH PLACE

Andy Vixaysouk

128557	Tu	Jan 7-Feb 25	12-1:30pm	8/\$66
128752	Tu	Mar 4-Apr 29	12-1:30pm	8/\$66
128753	Tu	May 6-Jun 24	12-1:30pm	8/\$66

PICKLEBALL - CLINIC 2.0 INTERMEDIATE

Our clinics are a great chance to grow your pickleball skills, learn new techniques and practice your game. This clinic is geared towards Intermediate/Experienced Players at a 2.0 skill level or comfortable playing with players at this level.

SAANICH COMMONWEALTH PLACE

Andy Vixaysouk

128558	Th	Jan 9-Feb 27	11:45am-1:30pm	8/\$77
128754	Th	Mar 6-May 1	11:45am-1:30pm	8/\$77
128756	Th	May 8-Jun 26	11:45am-1:30pm	8/\$77

PICKLEBALL - CLINIC 3.0 EXPERIENCED

Our clinics are a great chance to grow your pickleball skills, learn new techniques and practice your game. This clinic is geared towards Experienced or Competitive Players of a 3.0 skill level or comfortable playing with players at this level.

SAANICH COMMONWEALTH PLACE

Andy Vixaysouk

128559	Sa	Jan 11-Mar 1	8-10am	8/\$88
128758	Sa	Mar 8-Apr 19	8-10am	7/\$77
128759	Sa	May 3-Jun 21	8-10am	8/\$88



TECHNOLOGY

IPAD - MASTERING THE BASICS AND BEYOND

Are you using the basic features of your iPad, but wondering what else you can do with it? Join Mandy for this slower paced, encouraging, and relaxed workshop - all levels are welcome! Explore important settings, contacts, email, privacy and security, FaceTime, and many other useful tips and tricks.

SAANICH COMMONWEALTH PLACE

[Mandy Ospina](#)

128544 Tu Jan 14-28 12:30-2pm 3/\$89
130456 Tu Apr 15-29 12:30-2pm 3/\$89

IPHONE - MASTERING THE BASICS AND BEYOND

There's so much more your iPhone can do - here's where to start! Join Mandy for this slower-paced, encouraging and relaxed workshop. Explore important settings, texting, phone and contacts, privacy and security, email and many other useful tips and tricks.

SAANICH COMMONWEALTH PLACE

[Mandy Ospina](#)

128545 Tu Feb 4-18 12:30-2pm 3/\$89
130457 Tu May 6-20 12:30-2pm 3/\$89

IPHONE AND IPAD - EVERYTHING PHOTOS

iPhones and iPads are many peoples' primary camera. Join Mandy and learn how to use your iPhone or iPad to capture and edit images and video. Take panoramic photos, apply filters, create mini slideshows and more. Explore different ways to publish and share.

SAANICH COMMONWEALTH PLACE

[Mandy Ospina](#)

128549 Tu Feb 25-Mar 11 12:30-2pm 3/\$89

IPHONE AND IPAD - CREATING A PHOTO ALBUM

Is your iPhone/iPad full of photos, but you'd love to get these photos off your phone and onto the page? Join Mandy for this one day workshop where we will learn how to create a photo album on our iPhone/iPad. We will explore the techniques and procedures, and then you can finish up the album at home and send it away for printing!

SAANICH COMMONWEALTH PLACE

[Mandy Ospina](#)

128548 F May 2 10:30am-12:30pm \$39

IPHONE AND IPAD - COMMUNICATION

Your iPhone and iPad are ideal for communication. In this course, we will look at how to best use your device to stay in touch with others. We will explore extra features of the phone, many texting tips and techniques, keyboard tips, features of the Mail app. We will also have a look at other communication apps such as Whats App and Facebook Messenger.

SAANICH COMMONWEALTH PLACE

[Mandy Ospina](#)

128547 Tu May 27-Jun 3 12:30-2pm 2/\$59

IPHONE AND IPAD - ALL ABOUT THE APPS

After mastering the basics of your iPhone or iPad, it's all about the apps! Explore apps that come with your device and how to manage them. Learn about the home screen, widgets, the App library including clock, weather, calculator, voice memos, Safari and updates. Look at free downloadable apps and what to consider when evaluating a new app.

SAANICH COMMONWEALTH PLACE

[Mandy Ospina](#)

128546 F Jun 13-20 10:30am-12pm 2/\$59

HOW TO REGISTER

ONLINE at Saanich.ca/Recreation

PHONE 250-475-7600

IN PERSON at any of our
4 Recreation Centres



ADULT DROP-IN SPORTS - REGISTRATION CODES

MONDAY	TUESDAY	WEDNESDAY	FRIDAY	SUNDAY
PICKLEBALL 1:45 - 4:00 pm	VOLLEYBALL 8:00 - 10:00 pm	PICKLEBALL 6:30 - 7:45 pm	PICKLEBALL 1:45 - 4:00 pm	BASKETBALL 4:30 - 6:30 pm
128564 Jan 6	128584 Jan 7	128566 Jan 8	128565 Jan 3	128539 Jan 5
128767 Jan 13	128927 Jan 14	128824 Jan 15	128801 Jan 10	128678 Jan 12
128778 Jan 20	128928 Jan 21	128825 Jan 22	128802 Jan 17	128679 Jan 19
128779 Jan 27	128929 Jan 28	128826 Jan 29	128803 Jan 24	128681 Jan 26
128780 Feb 3	128930 Feb 4	128827 Feb 5	128804 Jan 31	128682 Feb 9
128781 Feb 10	128931 Feb 11	128828 Feb 12	128805 Feb 7	128684 Feb 16
128782 Feb 24	128932 Feb 18	128829 Feb 19	128806 Feb 14	128685 Feb 23
128783 Mar 3	128933 Feb 25	128830 Feb 26	128807 Feb 21	128687 Mar 2
128784 Mar 10	128934 Mar 4	128831 Mar 5	128808 Feb 28	128688 Mar 9
128785 Mar 17	128935 Mar 11	128832 Mar 12	128809 Mar 7	128690 Mar 16
128786 Mar 31	128936 Mar 18	128833 Mar 19	128810 Mar 14	128692 Mar 23
128788 Apr 7	128937 Apr 1	128834 Mar 26	128811 Mar 21	128693 Mar 30
128790 Apr 14	128938 Apr 8	128835 Apr 2	128812 Apr 4	128694 Apr 6
128791 Apr 28	128939 Apr 15	128836 Apr 9	128813 Apr 11	128695 Apr 13
128792 May 5	128940 Apr 22	128837 Apr 16	128814 Apr 25	128696 Apr 27
128793 May 12	128941 Apr 29	128838 Apr 23	128815 May 2	128697 May 4
128794 May 26	128942 May 6	128839 Apr 30	128816 May 9	128699 May 11
128795 Jun 2	128943 May 13	128840 May 7	128817 May 16	128700 May 25
128796 Jun 9	128944 May 20	128841 May 14	128818 May 23	128701 Jun 1
128797 Jun 16	128945 May 27	128842 May 21	128819 May 30	128702 Jun 8
128798 Jun 23	128946 Jun 3	128843 May 28	128820 Jun 6	128704 Jun 15
	128947 Jun 10	128844 Jun 4	128821 Jun 13	128705 Jun 22
	128948 Jun 17	128845 Jun 11	128822 Jun 20	
			128823 Jun 27	

MONDAY
ARCHERY
8:00 - 9:30 pm
128533 Jan 6
128588 Jan 13
128589 Jan 20
128590 Jan 27
128591 Feb 3
128592 Feb 10
128593 Feb 24
128594 Mar 3
128595 Mar 10
128598 Mar 17
128599 Mar 24
128600 Mar 31
128602 Apr 7
128609 Apr 14
128610 Apr 28
128612 May 5
128613 May 12
128614 May 26
128615 Jun 2
128616 Jun 9
128617 Jun 16
128618 Jun 23

**WINTER
& SPRING
2025**

Scan the Code
for an **ONLINE**
SPORTS SCHEDULE



WEDNESDAY
BADMINTON
8:00 - 10:00 pm
128537 Jan 8
128631 Jan 15
128633 Jan 22
128636 Jan 29
128637 Feb 5
128640 Feb 12
128641 Feb 19
128642 Feb 26
128643 Mar 5
128644 Mar 12
128645 Mar 19
128646 Mar 26
128657 Apr 2
128658 Apr 9
128659 Apr 16
128661 Apr 23
128663 Apr 30
128664 May 7
128665 May 14
128666 May 21
128667 May 28
128668 Jun 4
128669 Jun 11



Reserved Drop-In Sessions

Participants can register up to 7 days in advance starting at 7:30 am using these program barcodes

